



COACHING READINESS CHECKLIST

Are you ready to start your coaching journey to HOPE again?

- I am ready to seek clearness for my personal mission, purpose, and vision as well as my personal and professional goals.
- I am ready to be completely honest with myself about where I am now and where I want to go from here in life
- I am ready to move forward into a new season of life, making whatever healthy changes are necessary to bear more fruit.
- I am ready to do what it takes to learn and grow and/or facilitate the ongoing equipping of myself, my family and others.
- I am ready to invest time, energy, and financial resources as needed to follow through on my commitments and reach my goals.
- I am ready to make intentional choices that are in line with my core values, strengths, and temperament.
- I AM READY CALL TO SCHEDULE A CALL TO SEE IF RAYNA IS THE RIGHT CERTIFIED LIFE COACH FOR ME. 620-921-0082**

HOPE FOR WHEN LIFE STINKS